

(author's note: New insights may not be concurrent with some things written below. However, I do not want to edit this work too much, it demonstrates how, as we learn more, our understanding expands accordingly.)

Introducing the Zero Point Realm

It is now two years since I 'completed' the main body of this work, the eBook, 'The Evolution of Mind'. Mind continues to evolve and so does the mind of each individual evolve according to their personal experiences, information that their physical senses gather and feed to their mind. The difference between Mind and the individual's mind should become clear as one progresses through this work.

Fundamentally, our physical body connects to Mind through our DNA. So that, that which we have been taught, and so consider to be our mind, is in fact a brain/mind interface and it is a connection to the most peripheral aspect of Mind. As one's thoughts become 'deeper' so does the brain/mind connection with Mind itself start to fathom the depths of mental activity. Meditation and some drugs can take this 'conscious' experience beyond conscious mind and enter the more inner realm of our Spirit Mind (explained later). To reconfirm, the mind that we consider to be our own is our memory and collection of experiences and decisions made during our life up until the present moment. It is the conscious mind and it is how we perceive the 'now'.

Our ability to process information is a combination of the full genetic component that came together at our conception, and how our mind has interacted with our environment during our developmental progress through life until now. The great debates favouring either genetics or environment (nature v nurture), all fail to include the most important aspect, i.e. Mind and how it processes the information to formulate the decision making process.

The individuals understanding of this subject will evolve accordingly because Understanding, like Mind, is a multi-layered/multi-level/multi-faceted and constantly evolving 'hyper' conceptualisation of True Existence. This 'work' is an attempt to provide an opportunity for the 'Mind's Eye' to turn inwards and attempt to recognise and describe what Mind actually is.

So, as my understanding increases, I have to provide further information to enable the reader to more easily understand my earlier explanations and hence quicken their own understanding of the true nature and reality of existence.

Most everything included in the work is a synthesis of the writings of 'great minds' ("standing on the shoulders of giants") and their considerations and explanations of the fundamental reasons for existence, such as, what is life? why are we here? and where are we going? Mindism is not an opinion and not just a philosophy, it is a religious doctrine, it is an attempt to explain a compilation of interrelated Universal Truths and existence itself.

My personal input is an explanation of the role DNA plays in the process of life, information exchange and the evolutionary component that DNA is, that facilitates mind's control over the physical environment.

Definition of words and their meaning is paramount to understanding anything. Many words have multiple meanings and this easily leads to uncertainty and confusion. Ultimately, understanding

develops, revaluing past conclusions keeps the mind open and enables understanding to further expand and evolve.

So, since completing the main body of this work two years ago, my personal connection with Mind has enabled me to further consider and build upon the fundamental explanations of this work. Over the decades I became certain enough that we humans and all living organisms do exist in two separate states, Mind and Body, which correspond to the mental and physical realms accordingly. It is DNA that enables communication to occur between these two realms and for life forms to evolve in a changing and often hostile physical environment.

Also, because the definition of life can be expanded to include the concept of 'consciousness' and other concepts and manifestations of existence such as Gaia (planet earth as a living entity) and daemonic and angelic forms, then further explanation is necessary to accommodate these concepts. Therefore what I write next is my personal intuitive understanding that follows on from, and is totally in accord with everything else included in this work. It has to be, otherwise the whole thing is incoherent and falls apart. This 'foreward' is also an update.

The two separate realms of mind and matter are, as stated in this work, separated by the Zero Point Field. This 'foreward' expands the definition of the zero point field to incorporate and facilitate an understanding of the existence of consciousness and more. To be honest, it is only whilst putting 'word to paper' on the next page, that I realised the concept of the Zero Point Realm.

Mind and Understanding will continue to evolve until 'total enlightenment' is realised.

Mathematically speaking, zero and infinity represent the mental realm. All the numbers in between, relate and define the physical realm. Mind and the mental realm are non-local, your memory is not inside your brain, 'science' has demonstrated that, beyond doubt, the brain is a physical organ of the body that has evolved to perform physical tasks. The processes of life only occur within the single cell and slowly, as one trains one's mind to zoom in and focus on this incredibly small zone of reality, the microscopic becomes macroscopic because everything in the physical realm is relative. (Everything in the mental realm is Absolute). Molecules become very big, atoms are large and the forces around sub-atomic particles are powerful. The mind opens further, as the focus-point of view gets closer to zero. (Camels, eye of the needle and Kingdom of Heaven parable, comes to my mind).

Forces are measurable, we use numbers to communicate and explain measurement. As things and measurements get smaller and smaller they approach the zero point concept, which is the 'point' that is 'beyond' measurement. It is the gateway to the mental realm of waveform frequencies. My understanding of the zero point field was limited to its infinitely small (non) size. As I tried to comprehend this 'field', I tried to visualise it expanding in all directions (dimensionality), and also its non dimensional existence. I eventually realised that it is probably not only outside the physical realm of SpaceTime but also outside the mental realm of Mind. I comprehended it to be a realm of its own and, like the physical realm, it is ultimately an extension of the mental realm which itself is a 'collective', containing the First Causes of Existence.

Now, I could more easily understand and relate to the Trinity of Existence, i.e. the mental realm, the zero point realm and the physical realm. 'The Evolution of Mind' explains the manifestation of the Spiritual realm, now it has a 'location'. Memory, Spirit, Consciousness et al, are all within the zero-point realm, which itself is a manifestation of the zero-point field. Only First Causes are 'contained' within the

mental realm. First Causes are a term used by W.G. Leibnitz in his explanation of existence. Leibnitz brought the analytical tool that enabled Math to be more deeply understood. (Not by me, I can tell you that for sure). Consequently, mathematical predictions of physical structures and scientific advancement developed with increasing rapidity. Calculus, was Leibnitz's baby, it enabled mathematical minds to deepen and further their understanding of the subject. His Mind went into the infinitely small and beyond, into the mental realm.... he returned to the physical realm with 'calculus' in his mind. Personally I can barely comprehend the concept, my mind is not so mathematical. Geometry I can clearly understand because it relates to the physical realm. Simple arithmetic I can do but when algebra starts to get complex, I am lost.

So, it is necessary to bear in mind, whilst reading this work that my understanding of this third realm of existence was virtually nonexistent when I wrote the 'Book', but I could comprehend a location of memory and Spirit but I did not understand how they could exist in the mental realm. Now I see more clearly and they do not. It is as though the 'field' of the zero point realm includes zero, all numbers and infinity too. According to conventional science, the complete physical universe manifested with the Big Bang from the zero point field in 'the blink of an eye'. I am aware that there is some backtracking and some scientists try to disprove this.

Zero and infinity define the mental realm, and within this realm is 'located' the physical realm, (defined by numbers) which manifested from 'zero' and extends to 'infinity'. Therefore, Mind is non local because it is beyond the physical realm, it is both inside it (as a singularity) and outside of it at the same time. That is because 'time' is a manifestation of the physical universe and Mind is outside SpaceTime. The almost infinitely small physical 'particles' that interact and 'combine' with each other to manifest physical matter were created at the moment of the Big Bang. The forces manifesting from their creation reflect the forces that made/were the 'Big Bang', these immense forces were so intense they were sufficient to condense waveform frequencies into physical 'matter'. Only 'black holes' house the power to undo these forces and return matter to the non dimensional mental realm of waveform frequencies, from where they originate. The mental realm is inside and outside of SpaceTime because SpaceTime is a manifestation of the electromagnetic forces inherent in these fundamental particles. It has taken me 67 years to comprehend and grasp this concept, hopefully explanations here and in the website, will enable the reader to achieve the same and grasp that concept in a much shorter timeframe.

Coincidentally, regarding Kabbalah, the Kabbalistic Tree of Life has the physical realm, Malkut, (Kingdom) at its base, (fundus). Above the fundus are the aspiring mental aspects of the 'Tree'. These higher aspects of the Tree of Life are all mental on an increasing scale. At the top is Kether. I find it most feasible that Kether is a manifestation of an outpouring from the Ein-Sof which itself outpours from Ein.

Fundamentally, Ein represents the Supersingularity (Universal Soul) which itself contains all the individual singularities (Souls) that are the constituent parts (First Causes) of the Mental Realm. Kether and the descending aspects of the Tree of Life are within the Zero Point Realm with the lowest aspect being Malkut, the physical realm of existence.

Nothing in the universe is stationary. So, what movement does the ZPF describe? I consider that the movement is spherical, all of the zero points moving together in tandem. In that manner they create a third realm of existence, it is the 'space' within the defined spheres which manifests a hyper-complex network with many facets, it was known as The Aether. Einstein allegedly disproved its existence.....

CORRESPONDENCE

Chambers Twentieth Century Definition: suitability, harmony, part to part, or one to one, to hold intercourse (i.e. communication).

Another concept not explained in the eBook is that of Correspondence. A very important concept to more easily understand now that we can consider the existence of the zero point realm. Everything in the physical realm corresponds to something in the zero point realm (ZPR). The default blueprint of every organism is 'held' within this realm and the correspondence between the organism's DNA and the 'blueprint', manifest the individual physical organism with its individual characteristics. The form of the spirit body corresponds to the shape of the physical body, however do not regard the shape and form to be identical. Muscles have memory because their DNA communicates to their location within the form/field of the spirit body and memory has the ability to recall information stored in that 'location'. Remember, the DNA within each cell body corresponds with its respective spirit body. Hence, as brain development has evolved a complexity over the millennia the corresponding spirit body mirrors this evolution. Remember, we connect to Mind through our DNA, our individual memories and mind are 'housed' in our Spirit Body in the ZPR. The Spirit Body is a manifestation of an individuated Soul as explained in the eBook.

Single cell organisms have memory because their DNA corresponds with their spirit body. The word 'body' when referring to Spirit is not the same meaning and definition of physical bodies, I think that should be easy to comprehend. I hope so. The spirit body can be 'seen' by highly sensitive mechanical equipment as energy fields and 'auras' and their appearance is determined by the design of the equipment.

The word 'energy' cannot refer to the Mental Realm because waveform frequencies are moving data/information carriers. The inherent 'energy' contained in the flowing point that conventional science refers to as a waveform frequency, only manifests as it transitions the ZPR into the physical realm where it manifests as electromagnetic energy. It is the appearance of sine waves and the cosine waves that manifest through this transition that create the concept of SpaceTime dimensionality.

The study of the evolution of the brain demonstrates this correspondence with the evolution of mind. A reptilian brain has a reptilian brain/mind. A mammalian brain has emotional content (the Limbic System) with corresponding increased ability regarding decision making processes, a purely mental faculty. The human brain manifests consciousness because it can conceptualise and with its pre-frontal cortex can actually simulate real life activity with real physical responses, e.g. laughing out loud when we recall a very funny event in the past or generating tears when we consider a distressing past event. The prefrontal cortex also enables the mind to develop hyper-concepts such as 'consciousness'. Consciousness is a manifestation of the human brain/mind and it is also 'state' of Mind that can be achieved, it has not always been a part of

existence, it is not omnipresent, like the True concept of God, as explained in the eBook, it becomes into existence.

In evolutionary development, established and fundamental neuronal pathways have to be circumnavigated by neuronal pathways that appear in more recently evolved organisms. The evolution is step by step. Their location cannot always be changed by the hyper intelligent creator of living things. The creator is not god, it is Universal Mind with its inherent ability to evolve intelligence. God, as taught to people through biblical texts, is a terrible spin of the Absolute Truth, but because there is a thread of truth in the concept of god, our minds can readily accept the existence of such an entity. Some minds can accept this more easily than others, it depends where they are on their Soul's Journey. (See eBook). Biblical and other religious texts should not be taken as Absolute Truths, believing can be deceiving and mentally enslaving. There is correspondence between mental illness and physical illness. For those who want to maintain a power and control over the rest of us, subjugating the minds of others, can enslave them into belief systems that make them easy to indoctrinate and govern.

The Evolution of Mind has a mathematical and hence Truthful foundation and its content reflects the academic and scientific education I received, designed to develop intellect and understanding, as well as encouraging a critical analysis of information, and fostering a questioning mind. I went to a 'good' school, every year, most school leavers went to good universities including Oxford and Cambridge, or military academy, that school still has a very high reputation. I was indoctrinated/taught by my family to ask the question "Why?" I went to Surrey University to study Human Biology because I did not want to get a job, I dropped out after year two, I was very interested in how the body works but even then, 50 years ago, Mind was already fairly excluded from the dialogue. I was not impressed by Darwinism and travelling the world seemed to be a more interesting activity to indulge in. I returned to higher education when I was 32 and after 2 years got a Degree in Human Biology from a college in Oxford.

How much of all of this 'work' is Absolute Truth can only be revealed in time when greater minds than mine, (and there are *so* many), consume and improve the content.