

Originally from the eBook, this chapter is particularly my understanding of things and also some blurb about my developmental experiences.

Chapter 7 Beliefs Limit Understanding.

This is not an opinion

The evolution of mind is also the evolution of understanding. Understanding developed in Mind near the beginning of its evolutionary journey. The journey of the Soul is the essence of mental evolution. If there was to be a single religion that unites humanity it should be most Spiritual with a mathematical foundation of Absolute Truth. It could be said that Mindism fulfils this role.

From before the very first breathe we take, we are absorbing information from the environment around us. We come into this world with a level of understanding, quite possibly a continuity of the understanding attained by our previous incarnations.

Exposure to light, sound, smell and taste, etc. activates the senses and the mind body continuum becomes more and more connected to the physical world. Learning is facilitated by understanding. The ability to learn and understand language is an example of this innate mechanism. The infant can understand relatively complex language much earlier than it has learnt to control its muscles and the vocalisations necessary for speech.

After six months it can't speak but it can understand a lot. I first learnt that studying child development at university, but I really understood it when I became a parent.

It is the level of understanding that we come into this world with, that makes us all very different from each other. Same parents, same environment, different Soul mind. This is easily seen in dogs, some dogs appear really stupid, they have to reincarnate many times to learn how to be a mature dog. Dogs have been bred to serve humans. As they learn to control their life and coordinate it with their human 'food givers', they become, from a human perspective, more 'intelligent' and more understanding. Subsequently we feel that a warm bond has developed between them and us. They learn with each incarnation. Some dogs

approaching the limit of 'understanding what it is to be a dog', seem to almost know what we are thinking. Their next incarnation will be to a new species, a body requiring new learning that facilitates new understanding, a more 'evolved' species, enabling their mind to continue to learn, to expand and progress the Journey of the Soul.

Just as with dogs, the minds of all multicellular organisms are on this journey of learning and understanding.

So, each incarnation we have as a human, furthers our ability to develop our mental dexterity as long as our environment supports this process.

The genetics in the nature nurture debate determine initial growth, including neuronal pathways in the brain and 'what bits connect to what'. Understanding is mental and a large amount of information going to the mind is coming from the brain.

The holographic nature of the body and the cosmos that it is a part of, are explained within Leibnitz's Monadology. He presented the first rough explanation of the holographic universe.

The brain has neural plasticity. The stimulation that an infant receives, encourages certain neural connections to develop and restricts others.

The developing infant is learning to build an understanding of its experience using all the information it receives. The genotype is associated with its character, and its changing phenotype more associated with its developing personality.

In simple metaphorical terms, at birth the mental landscape is pristine and undulating. And the neural layout and networks present at birth, are like small furrows in the surface of the landscape. Information experienced is like rain on the landscape. At first it follows these furrows and if the individual is in a loving caring supportive environment with stimulating and informative information entering that landscape, then the small furrows become deeper and more engraved into the landscape. The personality and the character are in balance and harmonious and the water/life flows harmoniously following predetermined paths laid down by evolution.

Sudden pain, trauma or shock, more negative vibrations, cause a small interruption to the flow. How that interruption is responded to, affects the subsequent development of the individual. A caring parent response provides concordant information in the form of a soft voice explaining what had just happened, that enables the flow to remove or circumnavigate this obstruction and continue as before. Confusion and discordant information will probably not remove the block, rerouting flow which may, or may not, return to its original path.

As the infant grows, these neural pathways become more ingrained and establish patterns, these patterns have corresponding associations which imprint in the memory and subsequent behaviour. These

pathways become further etched into the landscape and their flow progresses as time passes. By three years old, the toddler is now either speaking fluently, questioning everything, learning alphabet, numbers and a happy little beast, or can be anywhere in between that and totally dysfunctional, withdrawn with corresponding disruptive behaviour.

The discussions in school about nature versus nurture should include a third factor, Soul mind. The understanding mind interacting with its environment determines the personality and temperament of the child. A warm, caring, supportive environment will produce less dysfunctional individuals and, give them a healthy diet and their condition further improves.

The human mental mapping is basically established by the end of the first 7 year cycle of life on this planet. Behaviour patterns are established and become difficult to change. The 'rain of experience' has eroded deep channels into the landscape of the mind.

And here you can now maybe perceive the problems that beliefs can create. Truths are concordant, they resonate harmonically but if received/experienced by a surface which is distorted and disturbed, the resonance is experienced as discordant, there is dissonance and the truth is probably rejected.

Infants have to believe what they are told because they have no reference or experience to know otherwise. It is the responsibility of adults to try to ensure all information given to the child is as accurate in its form as possible. That enables the developing mind to create its own reasoning and questioning, and learning develops accordingly. If the mind is presented with information that either conflicts or confuses, if explanation does not make sense, then understanding is arrested. A barrier is created, and the flow from 'the rain of experience' rerouted or just ignored, and the more barriers that 'appear' the more disruption there is to the flow. Some of these barriers become significant mental blocks. A traumatic experience is a mental block.

Some beliefs are more significant than others, they become walls in the landscape causing its further development to become 'more closed' with fewer options for understanding to arise.

Beliefs are not Truths, most of the time they are far from it.

Belief, is to accept something to be true without any verifiable proof. That is how current mainstream religions indoctrinate their followers and it has brought the world into disrepair. The word 'belief' is used today so freely and so incorrectly, scientists constantly use the word, religions constantly use the word, it is so ingrained in our earliest learning that even after 20 years of me trying to control my use of it, it can still slip out in the wrong context.

Seeing is believing, seeing can be deceiving, that is belief. In truth, we see only a very small part of what is actually happening in front of our eyes.

The more one learns and understands how we create the image that we regard as reality, the easier it is to realise that seeing is deceiving.

Perception provides the information that enables a concept of reality to manifest, it is a mental construct. Belief can easily influence what you will expect to see, and it will limit one's perception and understanding accordingly.

"If you believe hard enough it will happen". No. What actually occurs is that if you focus your intention (an aspect of mind) and using your Will(power) then you have a chance to manifest effect in the physical realm.

Belief is a necessary part in the journey of learning, however, it is most necessary at the beginning of life and should become less necessary as the mind develops its competence.

Belief can get you going round in circles and the destination is never reached. It can zig zag your route, losing energy and time, it limits understanding and as such should be avoided whenever possible. It closes the mind. When one receives potentially important information, it should generally be kept at 'the mind's periphery' for a full year cycle. Bearing information in mind [bearing, as is something with circular movement] for a year, enables time to provide further information that will either support or refute the original information. Then it can be committed to a long term memory, and 'kept' in mind.

During that time, the mind has the opportunity to examine the information, the more accurate it is, the more readily it can be introduced into one's 'worldview'. The open mind should always be prepared to go back and re-learn. 'Correct and continue' ensures a healthy mind and body.

'Believe and deny' closes the mind and leads to inner and outer conflict. Mental health institutions and wars are but two of many examples that result from this discordance that are a sad testament to this truth.

Instead of saying 'I believe this is or that' use a better choice of words like 'I think this or that', 'maybe this or that', 'it's possible this or that', or 'I consider this or that'. If you are more certain, then say 'I am sure this or that', 'I am certain this or that', or even 'I know this or that', expand your vocabulary and expand your mind.

Opinions are just a bunch of beliefs, they are usually ill informed and of little true value. I recognise my opinions because I won't have a lot of information to call on with regard to the subject in mind. This work is not

based on opinion, perish the thought. I had a relatively good formal education. I was brought up in a fairly loving, caring, family environment. I went to Portsmouth Grammar School from 13 years old until I was 18 years old. Around 20 kids from each year would go on to Oxford or Cambridge University. Some went on to Sandhurst to become officers in the military. Probably three quarters of the kids in each year would go to accredited universities. I went to Surrey University.

At school I studied chemistry, physics, biology, geography and mathematics. I also studied English literature and language but it was not until 20 years later when I qualified to Teach English as a Foreign Language that I understood what comprehension, tense and grammar really were. I took 'A' level biology, chemistry and geography.

By the age of 13 I had been collecting stamps and knew all the countries and capital cities in the world, I played chess and could read music and played the violin. I did everything not very well, but I just absorbed it all, my home environment nurtured me, my parents wanted me to have everything the Second World War denied them. I did cross country running, cycled 5 miles to school most days, played tennis and athletics, representing the county throwing the javelin and I played rugby for the school and also at university.

At university I studied Human Biology, (I didn't want to get a job), we cut open dead bodies, and I developed an interest in finger print patterns. I drank too much beer and after 2 years dropped out. I travelled overland to India. I returned and unexpectedly became a parent. Then I became a single parent. Continuous learning experiences. I returned to higher education at Oxford, and in 2 years got an Upper Second Class Honours Degree in Human Biology. I was planning to be a school teacher but a huge hike in interest rates caused me to return to my previous work, driving tour busses around Europe on the Rock and Roll circuit. I drove Bob Geldoff and the Boomtown Rats during Band Aid and Live Aid, working for the best bussing company in Europe and the top bands. From Iggy Pop to The Rolling Stones, Oasis to Metallica, Paul Young to Jamiroquai, I was privileged to experienced stuff most people are not privy to and got away with stuff Joe Public is punished for.

I learnt a lot, and for my children, it was both beneficial and detrimental. In hindsight, most probably less beneficial and more detrimental. As parents we try to do our best, we make mistakes, if we are fortunate, we learn quickly from the mistakes. My older son was psychic, at school I had been programmed by scientific materialism, I did not understand enough to help him and his condition became dysfunctional. And so, I learnt much more about mental health than I had originally studied at college.

At Oxford I started reading again after a 12 year break. As a child I read profusely, TV was black and white and my imagination was far more colourful, despite being diagnosed colourblind at 14 years old. I read all the Billy Bunter and Biggles books, Dickens and much more. My father was a sociologist and a walking dictionary, our house had books and my school took us to the central library in town as part of the curriculum, we were taught how to use a library. It was a matter of course. I was in the third lowest of four classes. I was not that smart. A slow plodder in the learning field.

In retrospect, I see that I wanted to understand everything but did not realise it. Now I have realised it and want to share it with everyone and anyone who wants to understand more about life, the universe and how they fit into the bigger picture. This work does, ultimately and obviously, challenge the present narrative's materialistic, 'scientific' perspective of reality, which I, and many other minds, far greater than my own, recognise to be a false and misleading state of affairs.

This work continues, Mind is a work in progress.

On a lighter note, pun intended, here is an explanation of the flat earth theory and the holographic universe.

The original hologram that my generation experienced was Princess Leah in Star Wars. The hologram is an image that appears because a three dimensional image is transferred from a flat surface film and the information is converted and projected by three lasers that converge with each other at a point. The laser is concordant energy and where the beams cross/meet, they cause interference patterns that have enough force to reflect light, like light reflecting off any object.

The reflected light enters the eye, travels to the brain and through the DNA into the mind. As with all light entering the eye, the mind generates an image. We see Princess Leah. However, the force of three concordant laser beams crossing and causing an interference pattern in the force fields of the physical realm, is strong enough to reflect light, the photon has virtually no mass. It is not strong enough to resist the force of mass that is your hand, so your hand or body can pass through the hologrammatic image.

According to Leibnitz's Monadic Theory, there is an infinite number of monads all concordantly emanating the full range of waveform frequencies. (not just three concordant emanations). They emanate into the dimensional realm and produce the full holographic universe reflecting off the 'solid' particle matter that we know of and understand to be the basic form of atoms and molecules. The 'solid' matter is itself condensed energy. An infinite number of 'micro' lasers that are the emanation of the Monadic Collective, produce a holographic universe of

'solid' bodies of planets made of atoms and molecules. The atoms are defined by the Periodic Table of Elements, basic chemistry if you can recall it from school.

These atoms and molecules allow waveform frequencies to pass through them. Most of the void within the volume of the atomic structure is filled with small waveform frequencies, only a small percentage of space it taken up by the electrons, neutrons and protons. We see bodies as being solid, in truth they are relatively solid.

The image of Princess Leah comes from a flat film, it enables a 'flat earth' theory to appear to make sense because the physical universe is a holographic projection. Not three concordant laser beams of light, but an outpouring of light in all directions from every zero-point in the zero-point field. This is part of Walter Russell's contribution to our ability to understand everything and Light being the source of all things. Had he been familiar with the nondimensional realm of monadic souls, his theories would have been far more coherent to many more people.

The hologram repeats itself. All the information of the image is within its single unit. A single cell in our body has identical DNA to all the other 30 or more trillion cells that make up the body. The light energy formation from the nondimensional realm of Monads shines through the DNA (we are Light Beings) and projects a solid image of us. A bit like 3D printing. Unique to our own individual DNA. The Soul mind that connects to the first cell that was created at our conception, manifests a body through that identical DNA pattern. Species are recognised and defined by the similarity of their DNA genotype.

It should not be that hard to comprehend, if uncertain, do a bit of reading and understanding will follow. It's how your mind works. It's how all minds operate.

It's all cyclical. The journey of the soul from beginning to end, an Eon of time, and then another; it is cyclical. That's also why 'what goes around, comes around'. The tour bussing company I worked for was called 'Phoenix'. We went around Europe, we came back to where we started. Then we went around the circuit again. Slight variation every time. It engraved a map of Europe and experience into my memory. That's life. We repeat the patterns in behaviour, in action, in location, by choice, by need, but being human, we differ slightly from all other animals. Our overextended movements can be so extensive that our territory is the whole planet and sometimes we go places and die before we can return. I've been to France, I have driven through it countless times, however, I have seen only but a small part of it. Everything is relative and ultimately, everything is a state of mind. It can be changed by changing thoughts. Changing thoughts can change behaviours. Changing thoughts can reroute brain neural circuits. Changing thoughts can change beliefs.

Changing thoughts cannot change Absolute Truths. The thoughts are math. It is the information that is inherent within the thought that is the thought itself. It gives the thought its form and its content. It is its directive and direction, it is its value and meaning, it is its existence within itself. It's an existent, a First Cause as defined by Leibnitz. The monad is the source of the information that is the hologram. The monadic collective, the First Causes, manifest the holographic universe and existence, not just as we know it but also as it is within itself. Now go back to the beginning and read it all again if you understand it less than me. If you understand it more, please get in touch. I want to understand more.

My mind is open, there is so much more to learn, understand and know. I, like everyone, am limited by my genotype (my character), my phenotype (my personality) and the location/state of mind that is where I am at on the Journey of the Soul (that I am connected to throughout this incarnation).
Onwards and inwards.....