

Mindism Explained

In this work I introduce you to a more in depth view to some of the various aspects and qualities of Mind. I try to avoid the explanations behind the statements, the explanations are available in my work titled 'The Evolution of Mind' which underlies the information in this article.

Mindism is a rational and reasonable account of how life appeared on this planet and how Mind is at the centre of this process. It incorporates the works of the some of the greatest minds of the past two and a half thousand years, interconnecting the central themes and producing a single explanation for all things on this planet and beyond it too.

Mindism is an account of the spirituality that we humans experience. We can sense it at different levels according to our physical nature, culture and life experiences. Mindism arose from a desire to fundamentally understand the connection between all things. It is accepted that all things are manifestations of energy and that energy cannot be created or destroyed, it can only change its form. That was my starting point, having reduced all things to aspects of energy, I wanted clarity with regard to how the various forms of energy interact.

I learnt that energy manifests as waveform frequencies. In simple terms, low energies are low frequencies and high energies are high frequencies. It is necessary to understand some basic science if one wants to understand life and mind, and I will try to incorporate it in a straightforward manner. According to conventional physics, frequency waveforms are either sine waves or cosine waves. The world our senses experience process the information carried by these waves of energy.

Conventional science denies the existence of a separate realm of mental energies, it denies the role that mind plays in the processes of life, and instead it considers the brain to be the source of intelligence and origin of memory and information processing.

Belief is a powerful force of ignorance that is for philosophical discussion at another time.

The first basic assertion of Mindism is that we experience life from two separated realms, we have a physical body and a mental 'body'. Our physical body is composed of trillions of individual cells that are intimately interconnected in real time, they manifest the life processes on a physical level. The multicellular physical bodies of living organisms have evolved within the last several hundred million years or so. Before multi cellular organisms appeared on this planet, there were only single cell organisms, they evolved from the earliest, most simple cell bodies to become quite complex life forms that eventually would be able to form multicellular structures. Many individual cells coming together to form a multicelled structure gave Mind the experience to develop this form and design and engineer multicellular organisms.

Our mental body is composed of various aspects and levels of mind that are intimately interconnected, it too has evolved over time, however, unlike physical bodies, it has been evolving since the beginning of time. Our mental body comprises of several layers/levels of mind. At present, humans have a conscious mind, self and identity are concepts generated from within our conscious mind. It deals with 'now'. Our immediate awareness and perception of the physical reality around us is an aspect of our conscious mind.

Underlying conscious mind and conscious self is Spirit Mind which has an inherent individuated form of self. Spirit mind is not physical, it is not mental, it has a direct interconnection with the physical body that really began at conception, but truly started to manifest after the third month of pregnancy. Spirit Mind develops as the body grows, it manifested from Soul Mind which underlies it, and all soul minds form the universal soul mind, the collective unconscious. [Collective unconscious is relative to collective consciousness, see later].

Here is a good time to introduce for you to consider, to contemplate and take on board the concept of correspondence. All things physical have corresponding aspects that manifest in the Spirit Realm. The physical realm contains matter which manifests the concept of Spacetime and dimensionality. This dimensional realm is said to have 'extension'. That is to say it can be measured. Physical matter was created by the forces of the big bang which condensed energy into 'solid' particles. These solid particles are the basis of atomic structure. When atoms join together with other atoms, they are called molecules.

It by understanding correspondence that one can grasp the mental activities associated with the brain/mind interface. One learns to recognise how these behavioural responses to environmental stimuli have evolved slowly over millions of years. This necessitated new species to appear in order for new behaviours to manifest that were beyond the scope of activity of the previous species. This driving force of evolution caused brains to evolve from simple nerve cells in simple multi cellular creatures. Evolution reads like a book that is still being written. I digress.

We are taught that the building blocks of matter are the sub atomic particles that make up the atoms and elements associated with this planet. Today the 'solid' aspect of atoms are associated with the energy fields they generate. The building blocks of matter are affected by other energy fields such as electromagnetic radiation. Electromagnetic radiation itself can vary immensely in its form and strength which generally affect life forms more significantly than non-life forms. I mention this for your consideration because the most subtle nature of cellular structures that enable life to manifest are susceptible to external electromagnetic forces. These forces can disrupt internal cellular activity which will have a corresponding mental affect which feeds back to the body and mental ill ease and physical dis ease develop accordingly.

Life itself, is the interaction and correspondence between physical bodies in the dimensional realm of spacetime and mental bodies, that exist within the nondimensional waveform frequency realm outside spacetime.

Correspondence between these two 'bodies' occurs because of the energy fields created within the DNA molecules. These fields are the facilitators of the process of life as we know it, they produce a vortex within the DNA molecule which is the mode of information exchange between the physical and the mental body.

There are other physical materials, such as crystals, that enable energy to flow between the two realms of existence, this work focusses on DNA and how it achieves this cross flow of information exchange.

First to be taken on board is that energy and information are synonymous, they are the same. All energy manifests as waveform frequencies, all of which are forms of Light [not just the visual spectrum but the full electromagnetic spectrum of waveform energy]. Conventional science is stuck with the dilemma that some

experiments 'prove' that units of energy are particles and others 'prove' that they are waves. In truth, scientific experiment cannot prove anything, it can only verify through experiment. Hence its limitation, scientific theories are taken to be truths until it they are disproved. They are not Absolute Truths, only mathematical statements or statements with inherent math are Absolute Truths. The statement 'all bachelors are unmarried' is an absolute truth.

I make the point because I think it that in order to understand Mind, it is important to understand the difference between absolute truths and relative, or contingent truths. 'Dogs have four legs' is a contingent truth, for whatever reasons, some dogs only have three and rarely, through genetic causes, they may have more. Absolute truths are associated with non-dimensional mind, contingent truths relate to dimensional existence.

Back to energy and information. The German philosopher, Hegel, defined the dialectic as the proposition that an idea, a thesis, when confronted with an alternative idea, the anti-thesis, generates an interactive response to produce a synthesis of the two. A brilliant deduction, it defines the most simple to the most complex level of mental interaction.

So, the particle wave duality, when put into a dialectic form, i.e. thesis, particle, antithesis, wave, and the synthesis produces an outcome which is a flowing point. Nothing in the universe is stationary and so a motionless particle cannot exist, however there is a particle aspect to the wave. The flowing point is the synthesis, apply your mind to this concept and you can visualise the waveform as a continuous flow of points. Each point containing exactly the same information as the next and the previous.

The 'information' that conceptually represents 'the point', determines and defines the aspects of flow, the wavelength, the height of the wave, the frequency of peaks, the phase shift [left or right orientation of flow], positive or negative 'charge' and no doubt plenty of other bytes of information are also inherent in the 'point'.

The true building blocks of existence are packets of information, flowing points, waveform energy. Their interaction with each other is predetermined and defined according to each packet of information and how it inevitably will always interact with another packet of information to produce the same outcome. That requires

some contemplation, give yourself time to understand what has just been stated. It is the basis of mental activity and how Mind manifested from Soul subsequent to the big bang.

According to the German genius, Gottfried Leibnitz, who lived at the same time as Isaac Newton, it is the Soul that continuously generates all waveform frequencies some of which, at the moment of the big bang, manifested the physical world. Leibnitz officially stated these First Causes were called Monads, had he referred to them as Souls, he would have been deemed a heretic and probably killed by the Catholic church of his time.

A Soul is a 'singularity', this a term used in quantum physics to describe something outside spacetime. According to Leibnitz, the non-dimensional realm was a plenum of souls, that is to say they filled the realm with no gaps in-between. The picture of the Flower of Life represents this concept. They are not petals of a flower, they are waveform energies emanating in all 'directions' from a central 'soulpoint', interconnecting with other 'soulpoints' around them. This is outside spacetime and represents the Monadic Soul Collective from which the concept of collective consciousness arises. *As I check this article that I wrote several years ago, I have updated it slightly but left most as it was originally written. I wrote it before understanding the role of the zero point realm. I also had not come across Wallace Russell then. I just saw the petals of the Flower as how Russell had drawn diagrams of electricity flow, either as two vortices extending in opposite directions from their joined apex, or the opposite, two vortices joined in the middle appearing to have the shape of a petal from the Flower of Life. Maybe Russell would have called it the Flower of Light...*

Souls, as defined by Leibnitz, are First Causes; that means they are the source of existence, they have existed forever and always shall do. They are the source of reincarnation and the concept of the immortality. Souls are not born and cannot die, they have always been in existence. This statement conforms to Leibnitz's Principle of Sufficient Reason, an awesome deductive tool for the rational mind to employ.

Information, i.e. wave form frequencies emanating from the soul interacted with other information from other souls to manifest a mental field around each individuated soul 'body', that information field is (the evolving) mind. As it

developed it manifested intelligence which eventually generated the concept of comprehension. Comprehension evolves to produce understanding and awareness develops accordingly. Awareness evolves in this two way information exchange between mind and cell body, and eventually reached a level of hyper complexity that we relate to as 'consciousness'.

All of the above happened outside spacetime way and most of it before the existence of planet earth. About a billion years after Earth formed, the physical conditions of the planet had produced a wide range of different molecules: scientists today can recreate these conditions in the laboratory by simulating what they considered were the forces of nature acting on the minerals present on the surface of the planet. The result is sometimes referred to as 'the chemical soup', it is alleged that this is the source from which life evolved.

Some of these molecules were carbon structures that, by the nature of their form, created micro vortices within their structure. It was these micro vortices that enabled information from the physical realm to enter the mental realm through the zero point field. Although minds may have received energy/information through the zero point field, this circumstance was different. The vortex creates a two way flow of energy through the zero point, turning it into a type of portal. As with a tornado, energy spirals downward and trees and houses can be lifted upwards. This two way flow of energy became the medium that mind used to interact with the physical world, the process of life most likely started in this 'chemical soup' containing amongst other things, glucose, fatty acids and nucleic acids.

Slowly, mind learnt about the environment within the carbon structure and also outside of it. These carbon structures were in water, also in the watery chemical soup were fatty acids which are oils. If a small film of oil encapsulates a carbon ring of molecules then we have the most primitive of cell bodies. A glucose molecule or a nucleic acid surrounded by a cholesterol like cell wall. All the time, mind is communicating with the cell body in a two way flow of information, it is learning about the environment within this primal cell body and also learning to collect information from the environment outside the cell body.

Every idea sent from the mind to the cell body has a corresponding response. The response informs the mind and it processes the information and makes decisions

accordingly. The mind is where information is processed and decisions made, information is relayed to the cell body and responses follow. This is awareness, it evolves with time in sync with cellular evolution. This is the correspondence that enables your mind to build a picture of the complex level of brain activity and the corresponding actions controlled by the brain but originating within the mind. The complexity of multi celled organisms gave rise to a Spirit mind to manage the more complex bodies with different organs of the numerous species that evolution and variation caused to exist.

Three and a half billion years or so ago, the mind engineered the nucleic acids within the chemical soup so as to alter their structure by manouvering a few atoms and create the molecules we call DeoxyriboNucleic Acid, DNA. A molecule so robust and strong that even a chain of them don't breakup over millions of years. They can be extracted from fossils and produce the proteins they were coded to form back when they were in the living organism. Now that is clever stuff... intelligent design, engineered by mind, understanding the nature of this truth places the concept of God into another chapter. The Mind of God will manifest when all Soul Minds have become enlightened. It's in the Math[s].

Slowly Soul minds engineered and developed more intricate structures within the cell body, as the number of DNA molecules increased so the amount of information exchange increased. Here is something else to contemplate.

Mind is outside spacetime and so, however much information it receives from the cell body, it processes that information in a way we cannot understand and can barely comprehend. But it does, and minds learnt to process huge amounts of information 'at the same time ' and return decisions that determined actions and reactions within the cell, minds can do this because they are intelligent entities outside spacetime.

So the soul mind produced the energy necessary for the life process to occur and manifest within the cell body. Mind incorporated memory to ensure the efficiency of this process. Memory probably evolved before living cell bodies, but how to be sure....? I am not...it is enough for me at present to recognise that memory is inherent in mind, and that it was necessary to incorporate memory when developing new programmes that controlled molecular activity. The molecular activity produced chemical reactions, cell life evolved accordingly. Once a

programme is proven to be efficient, mind no longer needs to connect and control it. Such is the nature of programmes, some are not rewritable, and others are. Life processes within the cell evolved through an information feedback system which facilitates the life of the cell, it is a two way biofeedback information control [between mind and cell body], it is the activity within the cell overseen by the Soul mind that feeds and controls it.

You can recognise that Soul mind controls the single cell. Soul mind, a singularity is connected to all the other soul minds in the Monadic Soul Collective, they communicate outside space time, instantly, a Supersingularity of countless singularities corresponding to and manifesting the existence of the physical universe, the cosmos. Mindboggling...

After a couple of billion years these single cell bodies were now highly efficient machines of life and they had colonised the whole planet and evolved through various climate changes and extreme changes in environment sometimes caused by colossal meteorite impacts or by the movement of tectonic plates underneath the surface of the planet. The experiences and knowledge mind had collected is beyond our imagination. Eventually some individual cells began working together and the concept of a multicellular organism had to arise in Mind, it then needed to design and engineer it accordingly.

However, as these multicellular organisms evolved, so did cell differentiation. That meant that different cells performed different tasks. Already in the well evolved single cell organisms was something called an 'eyespot'. Picking up information from the external environment was essential to survival. So it is no surprise that many different types of 'eyes' evolved with different multicellular organisms in different environments.

Multicellular organisms increased in size and developed and evolved different structures to perform different tasks. This is referred to as cell differentiation, creating skin, heart, modes of propulsion and movement through the environment and vessels transporting food products around the organism and other organs with specific tasks to perform. Fighting off foreign bodies was obviously most important. A variety of features developed over time, it should be appreciated that the Immune System is controlled by mind, intelligent design.

Coordinating all these functions in real time require a management system. Soul mind controlled the activity within the individual cell. The manager of these evolving multicellular creatures had to coordinate and connect the varying departments of body activity, **this is the origin of Spirit mind**. Soul predates Spirit. Spirit mind holds the memories and experiences of the individual physical body within the nonphysical mental realm. *{now referred to as the Zero Point Realm}* Spirit mind is a non physical form of individuated self which makes decisions that benefit the physical organism that it corresponds to.

Spirit Mind and its associated memory of that physical incarnation it corresponds with has its origin in the underlying soul mind that manifested it. That soul mind has generated and experienced countless previous incarnations on its journey towards enlightenment. The memory and experiences of each individual incarnation remain in the spirit mind long long after the death of the physical body corresponding to that incarnation. These memories are connected to the underlying soul mind which may well have an influence on the next incarnation that that soul mind generates. That is to say that past life memories may well affect present life reality. Most people today do not realise just how much unresolved past life 'stuff' impinges on their present day life, although it is apparent that babies come into this world with a mass of knowledge...they do not need to learn how to learn, they have inherent 'knowing'.

So there you have the four levels of mind. Conscious mind we experience in our head, partially because neurons in the brain send massive amounts of information to the mind and so we sense a presence in our head. Also, it is the prefrontal cortex of the brain that makes us human and truly separates us from our primate brethren. Every cell in our body connects directly to the mind through the DNA. The prefrontal cortex is involved in 'here and now' considerations and decision making, so it is easy to accept that thinking occurs in the brain.

It is the heart centre that is more connected to spirit mind. Conscious mind has learnt to override information and directives from spirit mind, generally, males are more brain orientated than heart...women who chose to behave more like men tend to lessen their heart connection. Of course, the heart centre is not the heart itself, it is more associated with the solar plexus neural network and heart

chakra. Chakras themselves being information portals *{most probably within the zero point realm}* associated with our physical structure relaying and corresponding information between mind and body.

The connection between conscious mind and spirit mind varies between individuals. To be more precise, in simple terms, some people are more connected with their intuitive self and live a more spiritual life, those less well connected have a more cerebral and practical type of existence.

Conscious mind rarely connects with soul mind. Spirit mind seems to be so formed that its outer aspects connect with conscious mind and its more inner aspects connect to soul mind. Even rarer are the few times that the collective soul mind will impart information to the conscious mind.

Generally we don't listen to spirit mind, not the least because we have never been taught of its existence. If you direct your children to focus inwards more so, then they should become more connected and intuitive. Generally our spirit mind does not have control of our voice. This is dominated by one hemisphere and identity and conscious self, drown out most communication that spirit mind has with it. Spirit mind is more prone to communicate with us through our physical body, and we have not been taught to recognise these messages. We do recognise pain and dis-ease, rashes and aches and other physical symptoms of unwellness. By this time, it is already quite late in the process of dis-ease and we should learn to pay attention and resolve issues before they become more serious. To do this requires a healthy active and open mind.

Most illnesses are issues with the mind generally relating to past experiences, a healthy mind should have a healthy body, especially with a healthy diet and sufficient exercises.

That our DNA connects us to our soul mind is most apparent to those people who have had organ transplants. Displaying characteristics of donors is not surprising when you realise that your body has a huge collection of cells that have a direct connection to someone else's soul mind.

Immediately after the big bang there is only unconsciousness, slowly, minds arise and aspects of awareness manifest. Awareness evolves into consciousness and consciousness expands into the unconscious. Eventually the Mind of God

manifests when all soul minds have become fully enlightened, their individuated form returns to full symmetry, all information is 'self-contained' and consciousness has expanded to the point of extinguishing unconscious. All individual enlightened souls, are gods to themselves. The Universe is Enlightened, The Light that is the 'all knowing' 'Mind of God' manifests, the aged concept of 'God' has become into existence, an eon has passed. The mind of God has become a reality, it is a nondimensional existence.

From the big bang until that moment when spacetime collapses, the physical universe which was created and finally returned to itself as the 'ultimate black hole' . All matter, uncondensed, becomes waveform energy, there is no physical cosmos, just one giant 'black hole', the nondimensional realm of the Supersingularity. It will, ['it' can be called 'the Mind of God'], upon self realisation of total understanding, cause an act of asymmetry, creating and unleashing the forces that will become the next big bang and the whole cycle will repeat itself until another eon has passed. It's all in the Math.

A more detailed explanation of many of the things in this work can be found along with other articles and contact details at www.mindism.net

Further questions or if you can provide further insights into this subject, I am most happy to hear from you....

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{slightly amended June 2024}